



## ENDER'S GAME: WEEK 6

NAME: \_\_\_\_\_

PERIOD: PANDAS OR FLAMING ANACONDAS

DATE: FEBRUARY 23- 27

# “ENDER’S GAME”

In your opinion...

Rate the following questions from 1-10 whether you agree or not. **1** means you strongly disagree. **10** means you strongly agree.

1. Adults should always protect children from danger.  
1      2      3      4      5      6      7      8      9      10
2. Violence is never a good way to solve a problem.  
1      2      3      4      5      6      7      8      9      10
3. It is usually okay to kill someone in self-defense.  
1      2      3      4      5      6      7      8      9      10
4. I would sacrifice my happiness for the good of all of Earth.  
1      2      3      4      5      6      7      8      9      10
5. It would be worth sacrificing the happiness of 1000 kids for the good of Earth.  
1      2      3      4      5      6      7      8      9      10
6. Bullies always deserve what they get.  
1      2      3      4      5      6      7      8      9      10
7. It is good to be powerful.  
1      2      3      4      5      6      7      8      9      10
8. Revenge is a reasonable emotion.  
1      2      3      4      5      6      7      8      9      10
9. Crying is often evidence of weakness.  
1      2      3      4      5      6      7      8      9      10
10. Any action is acceptable in war.  
1      2      3      4      5      6      7      8      9      10
11. Sometimes, the right thing to do is lie.  
1      2      3      4      5      6      7      8      9      10

## Chapter 12 Comprehension Questions

### *Part 1:*

<p>1. Why is Ender in danger and why doesn't Graff protect him (pg. 141-143)?</p>	
<p>2. How do you feel about Graff's treatment of Ender?</p>	
<p>3. Do you think Petra realized she was part of the plot against Ender? Explain (pg. 144).</p>	
<p>4. Why do you think Bonzo hated Ender so much that he wanted to kill him?</p>	
<p>5. How does Ender defeat Bonzo (pg. 147-148)?</p>	
<p>6. Was Ender right to be so violent? In other words, was Ender justified in his violent acts against Bonzo?</p>	

## Chapter 12 Comprehension Questions

### *Part 2:*

<p>1. What trick does Ender use to defeat two armies at once (pg. 152-153)?</p>	
<p>2. How does Ender feel about the game afterwards (pg. 154-156)?</p>	
<p>3. What does Ender tell Bean he has decided to do (pg. 155-156)?</p>	
<p>4. Explain how Bonzo's "Spanish Honor" saved Ender (pg. 156).</p>	

## What Is Stress?

Stress is a feeling that's created when we react to particular events. It's the body's way of rising to a challenge and preparing to meet a tough situation with focus, strength, stamina, and heightened alertness.

The events that provoke stress are called **stressors**, and they cover a whole range of situations — everything from outright physical danger to making a class presentation or taking a semester's worth of your toughest subject.

The human body responds to stressors by activating the nervous system and specific hormones. This natural reaction is known as the **stress response**. Working properly, the body's stress response enhances a person's ability to perform well under pressure. But the stress response can also cause problems when it overreacts or fails to turn off and reset itself properly.

## Good Stress and Bad Stress

The stress response (also called the **fight or flight response**) is critical during emergency situations, such as when a driver has to slam on the brakes to avoid an accident. It can also be activated in a milder form at a time when the pressure's on but there's no actual danger — like stepping up to take the foul shot that could win the game, getting ready to go to a big dance, or sitting down for a final exam. A little of this stress can help keep you on your toes, ready to rise to a challenge. And the nervous system quickly returns to its normal state, standing by to respond again when needed.

But stress doesn't always happen in response to things that are immediate or that are over quickly. Ongoing or long-term events, like coping with a divorce or moving to a new neighborhood or school, can cause stress, too.

Long-term stressful situations can produce a lasting, low-level stress that's hard on people. The nervous system senses continued pressure and may remain slightly activated and continue to pump out extra stress hormones over an extended period. This can wear out the body's reserves, leave a person feeling depleted or overwhelmed, weaken the body's immune system, and cause other problems.

## What Causes Stress Overload?

Although just enough stress can be a good thing, stress overload is a different story — too much stress isn't good for anyone. For example, feeling a little stress about a test that's coming up can motivate you to study hard. But stressing out too much over the test can make it hard to concentrate on the material you need to learn.

Pressures that are too intense or last too long, or troubles that are shouldered alone, can cause people to feel stress overload. Here are some of the things that can overwhelm the body's ability to cope if they continue for a long time:

- being bullied or exposed to violence or injury
- relationship stress, family conflicts, or the heavy emotions that can accompany a broken heart or the death of a loved one
- ongoing problems with schoolwork related to a learning disability or other problems, such as ADHD (usually once the problem is recognized and the person is given the right learning support the stress disappears)
- crammed schedules, not having enough time to rest and relax, and always being on the go

**Questions:**

1. In light of this article, does it seem like Ender is experiencing normal good stress or stress overload? Explain your answer.

2. What about the other children in Battle School? What kind of stress (good/bad) are they under? Explain.

3. Make a list of **stressors** in Ender's life:

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4. Now, make a list of **stressors** in your own life:

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## Let's Read of some ways to deal with stress so that it does NOT turn into stress overload!

### 5 Ways to Deal With Anxiety

Everyone has feelings of anxiety, nervousness, tension, and stress from time to time. Here are 5 ways to help manage them:

1. **Become a relaxation expert.** We all *think* we know how to relax. But chilling out in front of the TV or computer isn't true relaxation. (Depending on what you're watching or doing, it could even make you more tense.) The same is true for alcohol, drugs, or tobacco. They may seem to relieve anxiety or stress, but it's a false state of relaxation that's only temporary. What the body really needs is a relaxation technique — like deep breathing, tai chi, or yoga — that has a physical effect on the mind. For example, deep breathing helps to relax a major nerve that runs from the diaphragm to the brain, sending a message to the entire body to let go and loosen up.
2. **Get enough sleep, nourishment, and exercise.** Want your mind and body to feel peaceful and strong enough to handle life's ups and downs? Get the right amount of sleep for your needs — not too much or too little. Eat well: Choose fruit, vegetables, lean proteins, and whole grains for long-term energy (instead of the short bursts that come from too much sugar or caffeine). And exercise to send oxygen to every cell in the body so your brain and body can operate at their best.
3. **Connect with others.** Spend time with friends or family. Organized activities are great, but just hanging out works too. Doing things with those we feel close to deepens our bonds, allowing us to feel supported and secure. And the fun and sharing that go with it allow us to feel happier and less upset about things. If you feel worried or nervous about something, talking about it with someone who listens and cares can help you feel more understood and better able to cope. You'll be reminded that everyone has these feelings sometimes. You're not alone.
4. **Connect with nature.** Heading out for a walk in the park or a hike in the woods can help anyone feel peaceful and grounded. (Choose somewhere you feel safe so you can relax and enjoy your surroundings.) Walking, hiking, trail biking, or snowshoeing offer the additional benefit of exercise. Invite a friend or two — or a family member — along and enjoy feeling connected to people as well.
5. **Think positive.** A great way to keep our minds off the worry track is to focus our thoughts on things that are good, beautiful, and positive. Allow yourself to dream, wish, and imagine the best that could happen.

Question:

1. Does it seem like Ender can do any of these stress coping strategies given the pressures the Teachers put on him in Battle School?
2. Make a predication about what might happen to Ender if he continues under this stress.

# “HAVE YOUR OPINIONS CHANGED??”

In your opinion...

Rate the following questions from 1-10 whether you agree or not. **1** means you strongly disagree. **10** means you strongly agree.

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3. It is usually okay to kill someone in self-defense.

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4. I would sacrifice my happiness for the good of all of Earth.

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5. It would be worth sacrificing the happiness of 1000 kids for the good of Earth.

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6. Bullies always deserve what they get.

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7. It is good to be powerful.

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8. Revenge is a reasonable emotion.

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9. Crying is often evidence of weakness.

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10. Any action is acceptable in war.

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11. Sometimes, the right thing to do is lie.

1      2      3      4      5      6      7      8      9      10



**Writing Prompt:**

TAKE A STAND: Was Ender right to be so violent? In other words, was Ender justified in his violent acts? Support your answer with two specific pieces of evidence from the text (quotes or details). Include page numbers.

Your Position(P1): (was Ender JUSTIFIED or NOT in his violent acts?)	
Potential Counter Arguments (P2s): 1.          2.          3.	Your Position's Argument (P3s): 1.          2.          3.

2. Main Statement: Power Paragraph

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Last step: use highlighters or colored pencils to mark the different parts of your Power Paragraph. P1=GREEN, P2=YELLOW, P3=BLUE, P4=RED

**Chapter 12 Comprehension Questions**

*Part 3:*

<p>1. Did you know Stilson and Bonzo were dead? Find the specific clues from the text about their deaths. (pg. 5-6 (Stilson) and pg. 149 (Bonzo))</p>	
<p>2. Why do you think the knowledge of Stilson and Bonzo's death was kept from Ender (pg. 159)?</p>	